

MSHN MONTHLY

ISSUE 02

MARCH 2016

From the desk of the CEO

Marlin Angell

This is going to be a great year for the associates of Mid-South HealthNet! The owners of Mid-South HealthNet, Mr. Randy Tracy and Marlin Angell, are going to make every effort to connect all associates to the mission of MSHN. We want all associates to be aware that MSHN is a caring organization, not only for the residents we support but for all of our associates. This year every month all associates who have been in the organization for more than 90 days will receive a special treat from the owners. In the month of January we had a special gathering on MLK Day at the FedEx Forum where several of our associates enjoyed cheering the Grizzlies to a victory. More importantly we all had the opportunity to have fun and fellowship together! The month of February will provide another gift and surprise for all associates who have been in the organization for at least 90 days.

I will be inviting 7 associates every month to a catered lunch in our corporate office. Over lunch you will learn firsthand about what is going on in our organization and about the new goals we are setting. This year we are striving to retain the associates who connect with our mission of being the best supportive living provider in Tennessee. We want to get to know all of you and we want you to know we care about you.

Additionally, we have recently reached full employment at MSHN. To help enrich the lives of our employees, our plan is to begin publishing the schedule 3 weeks in advance beginning Mid-March and monthly beginning April 2016. We look forward to establishing your schedule for the month as we believe it will allow you to plan your lives in a better way.

Please work with us and your house manager to assure that our recording of medication administration is accurate and timely. Please work with your house manager in understanding the policies and procedures at MSHN; and we will be in a position to provide the safest and highest level of support to those we support. When you take our residents on outings, please remind everyone to "buckle up". Safety is first with the residents we support!

Thank you for all you do.

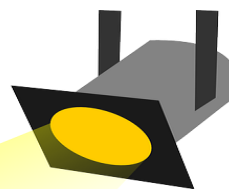
Marlin Angell



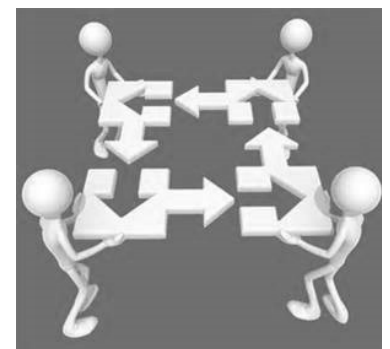
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Resident Spotlight



Sheila Baker is a resident at 1997 Higbee Avenue. She has been with our organization for 15yrs. Her favorite thing about MSHN is the atmosphere in her home and the friends she has made like Ms. Betty. She also enjoys the cakes and treats she receives when her birthday comes around. Her favorite recent activity was baking for the Valentine treat swap where she assisted in making homemade Rice Krispy treats. She enjoyed helping because it reminded her of being at home helping her mom in the kitchen. She wants everyone to know there is love and peace here at MSHN and we all get along together!



Helping put the pieces back together again



Here we are baking Valentine's Day treats for our baking swap. Lakewood made treats for Higbee houses and Covington Pike. The Higbee ladies made their trays for Vance and Lakewood. The baking swap was a great way to exchange kindness and sweets on the national day of love.

They made chocolate chip cookies, macadamia cookies, home-made rice Krispy treats, mini apple pie, brownies, s'mores brownies and the famous puppy chow (sweet chex mix)!



Sit & Knit

Held at the Church Health Center



A huge shout out to Erin Spurlock for scheduling fun and unique activities for our residents! Erin, we appreciate all that you do and how much FUN you coordinate for our residents! Thank you, Erin!!



Residents enjoying dancing at the Raymond Skinner Center

We had a scavenger hunt at the Hickory Ridge Mall. Here is a picture of the winners! In an effort to be more active, We are adding exercise as a part of our outings. We hope to have more residents join us as we walk and move to fight depression!



FIRE DRILL SAFETY

In the leadership meeting, it was recently decided to award the house with the best fire drill time with a traveling trophy and a pizza party. We are pleased to announce that the men of Auster Cove have won the fire drill contest for the month of January! Congratulations Andrea Granberry, Auster Cove residents and staff!

Enjoy your pizza!



- Gina Mueller 3/19
- Hester Davis 3/23
- Shakira Hall 3/25
- James Jones 3/28

- Johnny Algee 3/2
- Gerald Garrett 3/3
- Mary Stidham 3/4
- Lakisha Coleman 3/4
- Betty Jean Powell 3/5
- Suzanne Woods 3/9
- Hester Davis 3/10
- Mildred Gentry 3/10
- Billie Shelley 3/10
- Ashley Posey 3/12

- Angela Gibson 3/14
- Donald Giles 3/14
- Tighani Catron 3/20
- Jamie Guy 3/23
- Durphy Jones 3/26
- Zandra Jones 3/27
- Jeremy Dickson 3/27
- Phoebé O'Bryan 3/29
- Carolyn Fair 3/29

Welcome to the Team



Amanda Love



Gabriel Conway



Brant Darez



Gregory Alfrey



Lisa Champagne

GET TO KNOW YOUR LEADERSHIP TEAM

CHRISTY JOHNSON



Christy has a MBA from Dowling College. She is married with 3 children. She has been with MSHN only 10 months, but the time is flying. Christy is our HR Specialist. She spends most of her time recruiting, interviewing, hiring, and coordinating Employee Benefit programs. Outside of HR Christy helped launch the Centralized Food Program, Finance Projects, and other special projects as assigned. Christy says "I love working at MSHN, and the difference we are able to make in the lives of those we serve! I am thankful to be on a team of such talented and caring people" Thank you to Christy for your invaluable service to the suc-

MSHN Word Search

P V F U E X P C S U C S F R S
 N O I T A C I D E M T S E L B
 S V R T E M N T U N K H A A R
 D E O F E A R E E U A O B C E
 I F I A A O M D D B E P J I C
 R F L T P M I W I I T P L D N
 E S N P R S I L O H F I M E A
 C X U M E A I L E R K N H M T
 T S H R E T P R Y D K G O C S
 M B T B A C A R I N G S E C I
 E X D T E P E R S O N N E L S
 G V I M Y S G N I T U O M O S
 A O O I N H S M K J H Q L L A
 N H Q L N F G Z P V R S A K S



February Shining Star

We want to express how grateful we are to **Mary Grant** for stepping in and being a team player. One of our associates became ill at work and needed emergency assistance. Mary not only helped in calling paramedics to aide our family, but she provided supervision over the residents that were under the care of our ill associate. Mary stepped in providing breakfast, support and comfort during this time of anguish. Her quick wit, her innovative way of addressing our residents and her great way of reducing stress is the reason we recognize Mary for our **Shining Star** this month!

FIND THESE WORDS:

- MSHN Therapy Medication Residents Outings Parties Teamwork Meals Medical Assistant
- Shopping Confidence Rehabilitation Caring Love Calm Home Family Direct Support

MARCH CALENDAR

		1	2	3	4	5
			Operations Conference Call		Operations Conference Call Pay Day	
6	7	8	9	10	11	12
	Operations Conference Call		Operations Conference Call		Operations Conference Call Pay Day	
13	14	15	16	17	18	19
Daylights Savings Time	Operations Conference Call New Hire Orientation	House Managers Meeting Main Office	Operations Conference Call	Med/MAR training with Josh St. Patrick's Day	Operations Conference Call Pay Day	
20	21	22	23	24	25	26
Palm Sunday	Operations Conference Call	Health & Safety Meeting Leadership Meeting	Operations Conference Call	Train the Trainer initial Meeting "Lunch Bunch" Luncheon	Operations Conference Call Good Friday Pay Day	
27	28	29	30	31		
Easter Sunday	Operations Conference Call					